

Waiters/Waitress

AI and robotics fundamentally restructuring order taking, food delivery, and basic customer service in restaurants.

EXPOSURE	WINDOW	ADOPTION TODAY	READING
55 Elevated exposure	2–5 yrs until change lands	High	The role is being reshaped. Exposure is the share of today's work AI can plausibly take on within the window.

§ 01WHAT IS HAPPENING

What is happening to waiters/waitress

Impact

AI tools and robotic systems are autonomously taking orders, delivering food, processing payments, and managing basic customer inquiries. This compels Waiters/Waitresses to radically pivot towards overseeing automated systems, troubleshooting technology, managing complex customer issues, and providing empathetic, high-touch dining experiences.

Risk

Radical role overhaul; pervasive automation leading to significant workflow redefinition and specialized human focus.

The Waiter/Waitress role faces profound and accelerating redefinition by AI and robotics. AI will assume command of vast routine order taking, food delivery, and transactional customer interactions. Waiters/Waitresses must immediately pivot to becoming experts in leveraging AI and robotic systems for hyper-efficiency, intensely validating AI-driven processes for accuracy and timeliness, and dedicating their expertise to the irreplaceable human elements of the role: profound empathy, nuanced customer service, conflict resolution, and critical ethical decision-making regarding dining experience and guest satisfaction.

Sector readiness

Rapid & Transformative Integration

The restaurant and hospitality sectors are aggressively integrating AI and robotics, driven by overwhelming customer demand for convenience, speed, and efficiency, alongside intense competitive pressures and critical labor shortages. Automated ordering systems, robotic servers, and self-checkout options are rapidly moving beyond pilot stages to widespread, pervasive adoption, fundamentally altering traditional workflows.

§ 02 POSITION

Where you stand

- i The Waiter/Waitress role is undergoing a profound and accelerating redefinition by AI and robotics, fundamentally restructuring order taking, food delivery, and basic customer service.
- ii AI will autonomously manage vast routine interactions, personalize recommendations, and streamline payments, compelling Waiters/Waitresses to pivot to indispensable human empathy, nuanced problem-solving, and profound ethical judgment.
- iii Survival and impact will hinge on Waiters/Waitresses mastering AI and robotic systems, critically validating AI outputs for accuracy and timeliness, and providing irreplaceable human connection and advocacy at the heart of the dining experience.

§ 03 ACTIONS

15 POINTS

What this means for you

Concrete changes to how the work gets done, in the order you are likely to meet them.

- 01 **AI-Powered Automated Order Taking (Tablets/Voice).** Waiters/Waitresses will oversee AI-powered tablet-based ordering systems or voice AI interfaces (e.g., in drive-thrus, fast-casual). Their role will shift to assisting customers with technology, handling complex order customizations, and addressing specific dietary needs, rather than manual order input.
- 02 **Robotic Food Delivery & Bussing.** Waiters/Waitresses will oversee robotic servers that autonomously deliver food from the kitchen to tables and bus dirty dishes. Their role will focus on guiding robots, troubleshooting navigation issues, and ensuring seamless hand-offs, rather than physical delivery of food or clearing tables.
- 03 **AI-Assisted Personalized Recommendations.** AI systems will autonomously analyze customer preferences, past orders, and real-time menu availability to provide hyper-personalized food and beverage recommendations (e.g., via tabletop tablets). This elevates the dining experience, demanding nuanced upselling and validation of AI insights.

-
- 04 **Automated Payment Processing & Bill Splitting.** AI-powered tabletop payment devices or mobile apps will autonomously process various payment methods and handle complex bill splitting. Waiters/Waitresses will intervene for flagged anomalies, verify suspicious activity, and manage service adjustments (e.g., comps, discounts).
-
- 05 **Intelligent Self-Service Assistance.** AI-powered virtual assistants or chatbots will autonomously answer routine customer inquiries related to menu items, ingredients, or restaurant policies. This frees Waiters/Waitresses from basic Q&A, allowing focus on complex customer service and enhancing the dining atmosphere.
-
- 06 **Focus on Complex Customer Problem-Solving & De-escalation.** As AI assumes command of routine order taking and delivery, the paramount value of Waiters/Waitresses will be their irreplaceable human ability to resolve complex customer complaints, de-escalate conflicts, and manage sensitive situations with profound empathy and judgment, directly impacting guest satisfaction.
-
- 07 **AI-Driven Table Management & Flow Optimization.** AI models will autonomously analyze customer traffic patterns, historical dining times, and staffing levels to predict table turnover and optimize seating arrangements. This ensures maximal efficiency and minimal customer wait times, managed by the human staff.
-
- 08 **Ethical AI in Service & Customer Data Privacy.** Waiters/Waitresses will bear profound responsibility for auditing AI systems for algorithmic bias (e.g., in recommendations, personalized pricing), ensuring customer data privacy, and upholding ethical standards for fair and equitable service in an AI-augmented dining environment.
-
- 09 **Human-Robot Teaming in the Dining Room.** Waiters/Waitresses will operate in seamless human-robot teams. Robots will manage food delivery and bussing, while the human server ensures guest satisfaction, manages age-restricted sales, and intervenes for all complex human interactions and bespoke service requests.
-
- 10 **AI-Assisted Language Translation.** For diverse customer bases, AI-powered real-time translation tools can assist Waiters/Waitresses in communicating effectively with non-English speaking customers during order taking or service, enhancing understanding and improving guest experience.
-
- 11 **Continuous Learning & Restaurant Tech Literacy.** The exponential pace of AI and robotics integration in hospitality demands that Waiters/Waitresses commit to continuous, aggressive learning of new AI-powered POS systems, robotic servers, and table management platforms, as a foundational competency for effective service.
-
- 12 **Specialization in Tech-Enhanced Guest Experience.** The field will see Waiters/Waitresses specializing in guiding customers through automated ordering, demonstrating smart dining technology, and providing high-touch assistance for seamless, technology-enhanced dining experiences.
-
- 13 **AI for Predictive Stocking & Waste Reduction (Front-of-House).** AI will autonomously track beverage and condiment consumption, predict daily needs, and automate restocking alerts for front-of-house. This streamlines operations, ensuring availability and minimizing waste.
-

-
- 14 **Leadership in Guest Experience Transformation.** Waiters/Waitresses in leadership roles will play a crucial role in guiding their teams through the adoption of AI, advocating for customer-centric AI solutions, and fundamentally reshaping the future of the dining experience.
-
- 15 **Strategic Problem-Solving for Unforeseen Scenarios.** The most valuable Waiters/Waitresses will be those who can apply critical thinking to unforeseen problems during service—e.g., complex dietary requirements, unexpected allergies, or system errors—that require human judgment beyond AI's current capabilities.
-

§ 04 CAUSES

10 DRIVERS

What is pushing this change

-
- 01 **High Volume of Repetitive Order Taking & Delivery.** Processing vast numbers of routine orders and delivering food is highly repetitive and ideal for autonomous automation.
-
- 02 **Advancements in Robotics (Food Delivery, Bussing).** Breakthroughs in robotics enable highly precise food delivery, table clearing, and dish return without human intervention.
-
- 03 **Demand for Faster & More Convenient Service.** Customers demand rapid service, quick order fulfillment, and frictionless payment experiences.
-
- 04 **Critical Labor Shortages & High Turnover.** The severe global shortage of restaurant workers and high turnover compel aggressive AI adoption for service roles.
-
- 05 **Pressure for Radical Efficiency & Cost Reduction.** AI and robotics drive radical reductions in labor costs and enhance throughput, addressing financial pressures in restaurants.
-
- 06 **Customer Expectations for Personalized Dining.** Customers expect highly individualized menu suggestions, tailored promotions, and seamless ordering, which AI can deliver.
-
- 07 **Complexity of Menu Management & Dietary Needs.** Managing complex menus with hundreds of ingredients, dynamic pricing, and diverse dietary needs benefits from AI optimization.
-
- 08 **Growth of Online Ordering & Delivery Platforms.** The shift to online ordering, delivery, and ghost kitchens requires highly optimized, often automated, kitchen and service workflows.
-
- 09 **Rise of Automated Restaurant Concepts.** New restaurant models entirely remove traditional servers, relying on pervasive AI to track orders and process payments.
-
- 10 **Focus on Customer Satisfaction & Repeat Business.** Restaurants intensely focus on delivering exceptional customer satisfaction to drive repeat business and positive reviews.
-

Impact by sector

The headline figure is an average. Where you work changes the picture.

Fast-Casual Restaurant Servers (Order/Delivery)	Highest impact for automated order taking via kiosks/apps and robotic food delivery. Focus on customer assistance and exception handling.
Fine Dining Servers	Lower direct impact; AI assists with wine pairings, but core value is in bespoke service, sommelier expertise, and table-side experience. Focus on unparalleled hospitality and relationship building.
Bartenders	AI for automated drink mixing (robot bartenders) and inventory. Focus on creative mixology, customer interaction, and ambience creation.
Restaurant Hosts/Hostesses	AI for table management optimization, predicting wait times, and managing reservations. Focus on greeting guests and seating complex parties.
Catering Servers	AI for demand forecasting for events, automated meal portioning, and logistics optimization for delivery. Focus on event execution and client management.

Skills to build

The skills that keep the human part of this work valuable as the routine part is automated.

- 01 **Customer Service & Empathy.** The core ability to build profound rapport with guests, actively listen to their needs, and provide compassionate, non-judgmental assistance during their dining experience.
- 02 **Problem-Solving & De-escalation.** Proficiency in diagnosing and resolving complex order issues, managing customer complaints, and de-escalating difficult situations with finesse.
- 03 **Communication & Interpersonal Skills.** Clearly articulating menu details, specials, policies, and handling sensitive customer information with discretion and warmth.
- 04 **Food & Beverage Knowledge (AI-augmented).** Deep knowledge of menu items, ingredients, wine pairings, and specials, leveraging AI for instant lookups or recommendations.
- 05 **Table Management & Workflow Optimization.** Mastery of restaurant flow, table management, and optimizing service sequences, leveraging AI for efficiency and customer satisfaction.
- 06 **AI/Restaurant Tech Literacy & Oversight.** Proficiency in using AI-powered POS systems, tablet ordering, robotic servers, and table management platforms, overseeing their operation.

- 07

Cash Handling & Payment Processing (for exceptions). Proficiency in handling cash, credit cards, and other payment methods for situations where automated systems fail or for complex transactions.
- 08

Adaptability & Stress Management. Maintaining composure and decisive action in high-stress situations (e.g., busy rushes, difficult customers), and adapting to unforeseen circumstances.

§ 07 INSTRUMENTS

12 ENTRIES

Tools in use

KINDS OF TOOL WORTH KNOWING

- 01

AI-Powered POS Systems & Ordering. Tablet-based ordering systems or voice AI interfaces (e.g., drive-thru) that integrate with POS for autonomous order taking and payment.
- 02

Robotic Food Delivery & Bussing Systems. Autonomous mobile robots designed to deliver food from kitchen to table and bus dirty dishes to dishwashing areas.
- 03

AI for Personalized Menu Recommendations. AI algorithms that analyze customer preferences, past orders, and real-time menu availability to provide highly personalized food and beverage suggestions.
- 04

AI-Assisted Table Management & Seating. AI models that autonomously analyze customer traffic, dining times, and staffing to optimize table turnover and seating arrangements, minimizing wait times.
- 05

AI for Customer Service Chatbots (Restaurant). AI-powered conversational agents that autonomously handle routine customer inquiries, menu FAQs, and provide basic support (e.g., allergy info).
- 06

AI for Inventory Management & Waste Reduction. AI software that autonomously tracks ingredient inventory, predicts demand, and identifies potential food waste, optimizing ordering and reducing spoilage.

NAMED TOOLS ALREADY IN USE

- Toast POS (with AI features) / Square for Restaurants**

VISIT

Leading restaurant POS systems that integrate AI for streamlined ordering, payment, and operational insights.
- Bear Robotics (Servi) / Keenon Robotics**

VISIT

Manufacturers of robotic servers designed for food delivery and bussing in restaurant environments.
- Bbot (Order & Pay with AI) / Toast (Personalized Ordering)**

VISIT

Online ordering and payment platforms that use AI for personalized menu recommendations and customer experience.
- SevenRooms (Table Management) / OpenTable (with AI waitlist)**

VISIT

Leading restaurant management platforms that leverage AI for table management, reservation optimization, and waitlist predictions.
- Popmenu (AI for restaurant websites) / TableUp (Guest communication)**

VISIT

AI platforms that provide AI chatbots for restaurant websites or ordering systems, handling routine customer inquiries.

Leanpath (Food Waste Management) / Innit (Smart Kitchen Platform)

VISIT

AI software for restaurant inventory management and food waste reduction, optimizing purchasing and minimizing spoilage.

In practice

Ways people in this role are already using AI, and what they get from it.

Automate Order Taking

EXAMPLE 1

HOW

Waiters/Waitresses will oversee AI-powered tablet ordering systems placed on each table. Customers will input their orders autonomously, with the AI handling menu navigation and customizations. The Waiter/Waitress assists with complex dietary questions or special requests.

GAIN

Significantly reduces manual order entry errors, speeds up the ordering process, and allows staff to focus on guest experience.

Robotically Deliver Food to Tables

EXAMPLE 2

HOW

Waiters/Waitresses will work alongside robotic servers. Once an order is ready, the Waiter/Waitress loads the food onto the robot, and the AI-driven robot autonomously navigates to the table for delivery. The Waiter/Waitress handles the final presentation and customer interaction.

GAIN

Reduces manual food delivery time, increases efficiency, and allows human staff to focus on service and guest engagement.

Provide Personalized Menu Recommendations

EXAMPLE 3

HOW

Waiters/Waitresses will use an AI-enhanced POS system or tabletop tablet. When a customer browses the menu, the AI autonomously suggests personalized food and beverage recommendations based on their past orders, preferences, and dietary information.

GAIN

Enhances customer satisfaction, drives higher sales of profitable items, and creates a more bespoke and efficient dining experience.

Streamline Bill Splitting & Payments

EXAMPLE 4

HOW

Waiters/Waitresses will oversee AI-powered tabletop payment devices. Customers can autonomously split the bill by item or amount, and process payments directly. The Waiter/Waitress intervenes for complex bill adjustments, gift cards, or troubleshooting payment errors.

GAIN

Accelerates payment processing, reduces errors in bill splitting, and allows Waiters/Waitresses to focus on service rather than transactions.

Automate Table Clearing

HOW

EXAMPLE 5

Waiters/Waitresses will work with robotic bussing systems. Once guests depart, the AI-driven robot autonomously navigates to the table, loads dirty dishes onto its trays, and returns them to the dish-washing area, freeing the Waiter/Waitress for guest interaction.

Reduces manual bussing time, speeds up table turnover, and allows Waiters/Waitresses to focus on guest service and setup.

GAIN

§ 09 CONTEXT

How this role compares

Three neighbouring roles chosen to show the direction of travel.

Food Runners / Bussers
(Routine delivery, table clearing)

MORE EXPOSED

AI IMPACT

Catastrophic (Robotic servers can autonomously deliver food and bus tables; AI can manage table clearing tasks.)

WORK MOVES TO

Immediate need for radical re-skilling into AI oversight, robot management, or specialization in complex table setup/guest support.

Restaurant Robotics Engineers / AI Hospitality Tech Developers

DIFFERENT SKILLS, GROWING

AI IMPACT

Foundational (They design and build the AI algorithms and robotic systems that power automated restaurant operations.)

WORK MOVES TO

Deep expertise in AI/ML algorithms, robotics, computer vision, and software engineering, with a focus on hospitality applications.

Executive Chefs (Culinary Vision) / Restaurant Managers (Overall operations & leadership)

COMPLEMENTARY, LESS EXPOSED

AI IMPACT

Low-Moderate Augmentation (AI assists in menu optimization for chefs; AI helps with staffing for managers), but core culinary artistry, high-level strategic decision-making, and profound human leadership remain paramount.

WORK MOVES TO

Creative menu development, culinary innovation, and inspiring kitchen teams (Executive Chefs); Overall restaurant operations, P&L management, and team leadership (Restaurant Managers).

§ 10 VERDICT

Closing judgement

For Waiters/Waitresses, AI and robotics are not merely tools but a radical force of transformation that will fundamentally redefine the dining experience. It will autonomously handle the mundane, amplify personalization, and streamline service, compelling Waiters/Waitresses to pivot to indispensable human empathy, nuanced problem-solving, and profound ethical judgment. The future server will be a visionary orchestrator of human-AI collaboration, providing irreplaceable connection at the heart of hospitality.

§ 11 BASIS

REVISED 4 OCTOBER 2026

Evidence and revisions

What the exposure figure rests on, what changed when it was last revised, and the published work cited for this role.

SCORE

65 to 55

WINDOW

1-4 years to 2-5 years

The 4 October 2026 review moved the score down by 10 points.

Microsoft's AI applicability score for the matching occupation is 0.26, in the top quarter of 785 US occupations; Anthropic's observed-exposure data records almost no Claude usage on this occupation's tasks; the US Bureau of Labor Statistics places it in the 'moderate' AI-exposure tier; BLS projects employment to grow 2.0% over 2025–35. Blending our 2025 editorial figure (60%) with the 2026 evidence composite (40%) moves the score from 65 to 55 and lengthens the window from 1-4 years to 2-5 years.

MEASURES BEHIND THE SCORE

US Bureau of Labor Statistics · *Employment Projections 2025–35 and AI Exposure Categories* (27 August 2026)

AI-exposure tier: Moderate. Projected employment change 2025–35: +2.0%. Matched to Waiters and waitresses.

PUBLISHER PDF ARCHIVED COPY

Microsoft Research · *Working with AI: Measuring the Applicability of Generative AI to Occupations* (10 July 2025)

AI applicability score 0.26 (percentile 83 of 785 occupations) for SOC 35-3031.

PUBLISHER PDF ARCHIVED COPY

Anthropic · *Anthropic Economic Index report: Cadences* (26 June 2026)

Observed exposure 0.00 for SOC 35-3031 (no meaningful Claude usage recorded on these tasks).

PUBLISHER PDF

World Economic Forum · *The Future of Jobs Report 2025* (7 January 2025)

Cashiers and ticket clerks head the WEF fastest-declining list; light-truck and delivery drivers are on the growing list.

PUBLISHER PDF

UK Department for Science, Innovation and Technology · *Assessment of AI capabilities and the impact on the UK labour market* (28 January 2026)

UK context: around 70% of UK workers are in occupations with tasks AI could perform or enhance, above the US average; a one-standard-deviation rise in exposure was associated with a 3.9% fall in UK job postings.

PUBLISHER ARCHIVED COPY

ALSO CITED FOR THIS ROLE

McKinsey Global Institute · *Agents, robots, and us: Skill partnerships in the age of AI* (25 November 2025)

Physical, in-person work sits mainly in the robot (not agent) share of technical potential, which McKinsey puts at roughly 13% of US hours and expects to move more slowly.

PUBLISHER

Archived copies are served only where the licence permits; otherwise the link goes to the publisher. Full research library: <https://www.careerguard.ai/sources>

§ 12 APPENDIX

Method and sources

Each report was written from a large body of published research and then, in October 2026, re-scored against occupation-level evidence: the US Bureau of Labor Statistics AI-exposure classification and 2025–35 projections, Microsoft Research’s AI applicability scores and Anthropic’s observed-exposure data, cross-checked against the reports listed in the Evidence section above. The organisations and publications below are the standing literature behind the narrative sections. Every source, with dates, licences and archived copies where we are permitted to hold them, is catalogued in the research library.

Scores are revised by blending the previous editorial figure (60%) with a composite of the three occupation-level measures (40%), capped at fifteen points per revision and rounded to the nearest five. The window shifts one notch when a score moves ten points or more. Hand adjustments are recorded with their reason in the revision log.

I GLOBAL AND MACROECONOMIC IMPACT OF AI ON WORK

World Economic Forum

The Future of Jobs Report series — Employer survey of expected job growth and decline, skill shifts and technology adoption (2020, 2023 and 2025 editions); *Artificial Intelligence and the Future of Entry-Level Work* (2026).

AI governance and transformation reports — Frameworks on ethical AI, talent strategy and industry transformation.

McKinsey Global Institute

AI, Automation and the Future of Work series — Research quantifying automation potential by task, sector and demographic, from "Jobs Lost, Jobs Gained" to "Agents, robots, and us" (2025).

Industry-specific reports — Financial services, healthcare, manufacturing and others.

PwC

Global AI Jobs Barometer — Annual analysis of job postings and productivity by AI exposure (2024–2026 editions).

Upskilling Hopes and Fears survey — Employee perceptions and readiness.

Microsoft Research and Anthropic

Working with AI (2025); *Anthropic Economic Index* (2025–2026) — Occupation-level usage data from Copilot and Claude conversations, the two observed-usage measures behind the 2026 revision.

Stanford Digital Economy Lab and Stanford HAI

Canaries in the Coal Mine? (2025–2026); AI Index Report (annual) — Payroll evidence on early-career employment in exposed occupations; annual measurement of AI capability, investment and adoption.

Deloitte

Human Capital Trends series — Workforce, talent and HR technology trends.

Tech Trends series — Emerging technologies and their business implications.

Accenture

Technology Vision series — Forward-looking analysis of emerging technology, with emphasis on AI.

Fjord Trends — Design, innovation and human experience in a digital world.

Boston Consulting Group

AI/ML insights and industry solutions — "The AI Revolution in the Workplace" and related research.

EY

AI and workforce reports — Adoption, talent strategy and ethics.

IBM Institute for Business Value

AI and automation studies — Business models, workforce evolution and leadership.

OECD

AI Policy Observatory — International data and policy on AI, labour markets and skills.

Employment Outlook — Labour-market trends including technological impact (2023–2026 editions).

International Labour Organization

Generative AI and Jobs: A Refined Global Index of Occupational Exposure (2025) — Task-level exposure gradients for every ISCO occupation; successor to the 2023 global index.

International Monetary Fund

Staff Discussion Notes on AI and work (2024, 2026) — Complementarity framing: where AI augments and where it substitutes.

UK Department for Science, Innovation and Technology

Assessment of AI capabilities and the impact on the UK labour market (2026) — UK occupational exposure and job-posting evidence.

Brookings Institution

AI and automation research — Economic and social implications, displacement and skills.

Yale Budget Lab and Goldman Sachs Research

Tracking the Impact of AI on the Labor Market; AI and the US labour market (2026) — Aggregate labour-market monitoring; macro displacement estimates.

Oxford University (Oxford Martin School)

The Future of Employment — Frey & Osborne and subsequent research on susceptibility to automation.

MIT Technology Review

AI & Work — Reporting on AI research and its implications for industries and jobs.

Gartner

Hype Cycle for Artificial Intelligence — Maturity and adoption of AI technologies.

Future of Work reports — Workplace models and talent strategy.

U.S. Bureau of Labor Statistics

Employment Projections 2025–35; AI Exposure Categories; Occupational Outlook Handbook — Ten-year employment projections and, from the 2025 cycle, an AI-exposure tier for every detailed occupation.

Indeed Hiring Lab

AI at Work Report (2025) and posting-market updates — Skill-level transformation estimates and job-posting trends by occupation.

II CORE AI AND MACHINE-LEARNING RESEARCH

OpenAI

Research papers, blog and API documentation — Large language models, generative AI, safety and societal impact.

Google DeepMind

Research papers and blog — Reinforcement learning, AI for science, AGI and ethics.

Meta AI

Research papers and blog — Large language models, computer vision, AI for social good.

Hugging Face

Transformers library and model hub — Open-source state-of-the-art NLP models.

TensorFlow and PyTorch

Documentation and community forums — Core frameworks illustrating practical capability.

arXiv

cs.AI, cs.LG, cs.CV, cs.CL — Pre-print research.

NeurIPS and ICML

Conference proceedings — Top-tier academic research.

ACM and IEEE

Journals and proceedings — ACM Computing Surveys; IEEE Transactions on AI.

Kaggle

Datasets and competition solutions — Applied machine learning on real-world problems.

The Alan Turing Institute

Research and reports — Responsible and applied AI.

III ETHICAL AND RESPONSIBLE AI DEPLOYMENT

NIST

AI Risk Management Framework — Voluntary framework for managing AI risk.

European Commission

AI Act — Risk-tiered legal framework for AI.

Ethics Guidelines for Trustworthy AI — Principles for responsible development.

Partnership on AI

Research and best practice — Responsible AI development.

AI Now Institute

Annual reports — Social implications: power, inequality, rights.

ACM FAccT

Proceedings — Fairness, accountability and transparency.

Data & Society

Publications — Social implications of data-centric technology.

WIPO

Conversation on IP and AI — Intellectual-property implications of AI.

IEEE Global Initiative on Ethics of AI/IS

Ethically Aligned Design — Recommendations for ethical AI design.

Center for AI and Digital Policy

Policy briefs — Accountable AI policy.

REPORT NO. 273 · WAITERS/WAITRESS · [WWW.CAREERGUARD.AI/REPORTS/WAITERS-WAITRESS](https://www.careerguard.ai/reports/waiters-waitress) · MARKDOWN AT /MD · FREE TO REA